

THE MART

September 2026

FW

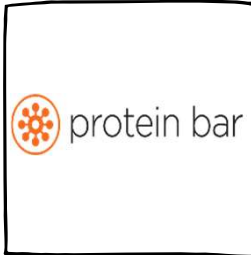
MONDAY



TUESDAY



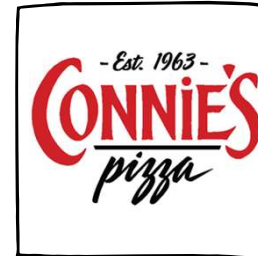
WEDNESDAY



THURSDAY



FRIDAY



Hours:
11:00 AM - 2:00 PM

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Monday

EW FOODWORKS
THE BEST OF LOCAL



ELOTE COBB SALAD WITH FRIED CHICKEN | \$14

Romaine, grilled corn, parmesan cheese, avocado, cherry tomato, cilantro, chipotle ranch dressing

Honey Fried Chicken Wrap | \$14

Fried chicken, , lettuce pickle, hot honey, spicy mayo, tortilla. Includes one side

Buffalo Chicken Wrap | \$14

Fried chicken, lettuce, tomato, mozzarella, buffalo, ranch

Mac 'N' Cheese | \$14

Cavatappi pasta, six cheese blend, herb & parmesan breadcrumbs

Sides | \$3.00

COLESLAW | POTATO SALAD



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Monday



BUILD YOUR OWN BOWL

BASE OPTIONS:

**Brown Butter Gnocchi | Fried Yuca | Charred Corn |
Black Bean & Quinoa Salad | Colombian Rice**

PROTEIN OPTIONS:

**Steak Kebab | \$14.00
Chicken Chuleta | \$13.00
Smoked Kielbasa | \$13.00
Chipotle Mushroom Patty | \$12.00**

ADD TOPPINGS:

**Candied Bacon | Crushed Kettle Chips |
Plantain Chips | Pickled Onions | Sofrito**

ADD SAUCE:

**Chimichurri | Hot Honey | Garlic Parmesan |
Applewood Smoked BBQ**

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Tuesday



FOODWORKS
THE BEST OF LOCAL



Chicken Salads

Classic Carol

The recipe that got it all started; Shredded chicken, minced celery, mayonnaise and our secret seasoning

Cranberry Kelli

Dried Sweetened Cranberries, & slivered almonds

Sassy Scotty

Bacon, ranch, & cheddar

The Chick \$12

Your choice of chicken salad & side

The Trio \$15

Add another scoop or side to your meal

Just a Scoop \$9

Pick any single scoop of chicken salad

Sides

Broccoli Salad	\$4
Pasta Salad	\$4
Grape Salad	\$4

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Tuesday



FOODWORKS
THE BEST OF LOCAL



PITAKI

GREEK STREET FOOD

KLASSIKO WRAP | \$12.00

Tzatziki sauce, tomato, spiced onions

SPICY SIREN WRAP | \$12.00

Spicy feta spread, romaine, slaw, red pepper, sweet & spicy sauce

VILLAGER SALAD (GF) | \$12.00

Tomato & cucumber mix, onions, olives, feta, oregano, zesty lemon dressing

Wraps served with toasted warm pita
Wraps & Salads - select choice of Chicken or
(Lamb +\$2)

SPICY FETA DIP | \$5.00

Served with toasted warm pita

HUMMUS DIP (VEGAN) | \$5.00

Served with toasted warm pita

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Wednesday

 **FOODWORKS**
THE BEST OF LOCAL



protein bar & kitchen

Cobb Salad or Wrap - \$14.49

Grilled chicken, turkey bacon, tomatoes, cucumber, sliced avocado, hard-boiled egg, blue cheese, romaine, and ranch dressing.

Green Goddess Wrap - \$13.99

Grilled chicken, marinated mushrooms, goat cheese, turmeric chickpeas, organic rainbow carrots, spinach, arugula, green onion, hemp seed blend, and Green Goddess dressing

Southwest Salad - \$14.29

Grilled chicken, black beans, organic rainbow carrots, PBK Guac, cheddar, roasted corn, organic quinoa, grape tomatoes, romaine, spinach, and cilantro lime vinaigrette.

Superfood Vegan Salad - \$13.29

Organic roasted tofu, organic rainbow carrots, chickpeas, PBK Guac, baby spinach, kale, pickled red onion, celery, organic quinoa, hemp seed blend, and chia dressing.



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Wednesday



OMG PLATE | \$14.00

CHOICE OF GRAIN:

TURMERIC RICE | MOROCCAN COUSCOUS (WHEAT)

CHOICE OF PROTEIN (*HALAL):

**CHICKEN SHAWARMA (MILD) | *SPICY CHICKEN
KABOB
FALAFEL**

CHOICE OF SALAD:

MEDITERRANEAN SALAD | CHICKPEA SALAD

Choice of Spread:

HUMMUS | PERUVIAN YOGURT (DAIRY)

**HUMMUS AND PITA
(WHEAT) | \$4.50**



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Thursday

EW FOODWORKS
THE BEST OF LOCAL

BEATRIX *Market*

Italian| \$15

Thursday, September 3rd

Protein (Choose 1):

**Ricotta Stuffed Shells or
Lemon Caper Chicken**

Sides (Choose 2):

**Italian Butter Beans or
Creamy Polenta or
Oven Roasted Summer Squash**

Optional Add-Ons **\$4.95**

House Salad - 16oz

Caesar Salad - 16oz

Chicken Salad - 8oz



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Thursday

FOODWORKS
THE BEST OF LOCAL

BEATRIX *Market*

Mediterranean | \$15

Thursday, September 10th

Protein (Choose 1):

**Greek Turkey Meatballs or
Beef Stuffed Peppers**

Sides (Choose 2):

**Lemon Roasted Potatoes or
Tahini Cauliflower or
Moroccan Eggplant**

Optional Add-Ons **\$4.95**

House Salad - 16oz

Caesar Salad - 16oz

Chicken Salad - 8oz



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Thursday

 **FOODWORKS**
THE BEST OF LOCAL



COMBOS

Comes with a side of homemade chips or fresh fruit

Italian beef sandwich | \$14.99

Smoked Turkey & Swiss Sandwich | \$12.99

7" Mini Deep-Dish Pizza (4 slices) | \$14.50

Cheese | Sausage | Pepperoni

ENTREE

Rigatoni ala Vodka Entree | \$13



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Friday



FOODWORKS
THE BEST OF LOCAL



CHICAGO STYLE FAVORITES

FAMOUS GYROS ON PITA | \$14

Topped with tomato, onions, tzatziki sauce

GRILLED CHICKEN ON PITA | \$10

Topped with lettuce, tomato, tzatziki sauce

ITALIAN BEEF ON FRENCH BREAD | \$12

Topped with hot giardiniera peppers

MAXWELL STREET POLISH - VIENNA BEEF | \$7.00

Polish sausage on a bun with grilled onions, mustard & sport peppers

CHICAGO STYLE HOT DOG - VIENNA BEEF | \$5.00

Hot dog on a bun topped with tomato, onions, pickle, relish, mustard, sport peppers & celery salt

TUNA SALAD ON FRENCH BREAD- | \$10.00

Lettuce, tomatoes, onions

SIDES

SMALL SIDE SALAD WITH DRESSING | \$7.00

Dressings: ranch, French, Italian, tzatziki

GARLIC PITA CHIPS | \$5.00

with Wisconsin cheddar cheese



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MONDAY



TUESDAY



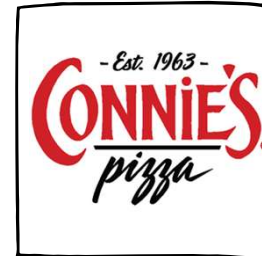
WEDNESDAY



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Monday

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THE BEST OF LOCAL



ELOTE COBB SALAD WITH FRIED CHICKEN | \$14

Romaine, grilled corn, parmesan cheese, avocado, cherry tomato, cilantro, chipotle ranch dressing

Honey Fried Chicken Wrap | \$14

Fried chicken, , lettuce pickle, hot honey, spicy mayo, tortilla. Includes one side

Buffalo Chicken Wrap | \$14

Fried chicken, lettuce, tomato, mozzarella, buffalo, ranch

Mac 'N' Cheese | \$14

Cavatappi pasta, six cheese blend, herb & parmesan breadcrumbs

Sides | \$3.00

COLESLAW | POTATO SALAD



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Monday



BUILD YOUR OWN BOWL

BASE OPTIONS:

**Brown Butter Gnocchi | Fried Yuca | Charred Corn |
Black Bean & Quinoa Salad | Colombian Rice**

PROTEIN OPTIONS:

**Steak Kebab | \$14.00
Chicken Chuleta | \$13.00
Smoked Kielbasa | \$13.00
Chipotle Mushroom Patty | \$12.00**

ADD TOPPINGS:

**Candied Bacon | Crushed Kettle Chips |
Plantain Chips | Pickled Onions | Sofrito**

ADD SAUCE:

**Chimichurri | Hot Honey | Garlic Parmesan |
Applewood Smoked BBQ**

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FOODWORKS
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Chicken Salads

Classic Carol

The recipe that got it all started; Shredded chicken, minced celery, mayonnaise and our secret seasoning

Cranberry Kelli

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Sassy Scotty

Bacon, ranch, & cheddar

The Chick \$12

Your choice of chicken salad & side

The Trio \$15

Add another scoop or side to your meal

Just a Scoop \$9

Pick any single scoop of chicken salad

Sides

Broccoli Salad	\$4
Pasta Salad	\$4
Grape Salad	\$4

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Tuesday



FOODWORKS
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PITAKI

GREEK STREET FOOD

KLASSIKO WRAP | \$12.00

Tzatziki sauce, tomato, spiced onions

SPICY SIREN WRAP | \$12.00

Spicy feta spread, romaine, slaw, red pepper, sweet & spicy sauce

VILLAGER SALAD (GF) | \$12.00

Tomato & cucumber mix, onions, olives, feta, oregano, zesty lemon dressing

Wraps served with toasted warm pita
Wraps & Salads - select choice of Chicken or
(Lamb +\$2)

SPICY FETA DIP | \$5.00

Served with toasted warm pita

HUMMUS DIP (VEGAN) | \$5.00

Served with toasted warm pita

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Wednesday

 **FOODWORKS**
THE BEST OF LOCAL



protein bar & kitchen

Cobb Salad or Wrap - \$14.49

Grilled chicken, turkey bacon, tomatoes, cucumber, sliced avocado, hard-boiled egg, blue cheese, romaine, and ranch dressing.

Green Goddess Wrap - \$13.99

Grilled chicken, marinated mushrooms, goat cheese, turmeric chickpeas, organic rainbow carrots, spinach, arugula, green onion, hemp seed blend, and Green Goddess dressing

Southwest Salad - \$14.29

Grilled chicken, black beans, organic rainbow carrots, PBK Guac, cheddar, roasted corn, organic quinoa, grape tomatoes, romaine, spinach, and cilantro lime vinaigrette.

Superfood Vegan Salad - \$13.29

Organic roasted tofu, organic rainbow carrots, chickpeas, PBK Guac, baby spinach, kale, pickled red onion, celery, organic quinoa, hemp seed blend, and chia dressing.



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OMG PLATE | \$14.00

CHOICE OF GRAIN:

TURMERIC RICE | MOROCCAN COUSCOUS (WHEAT)

CHOICE OF PROTEIN (*HALAL):

**CHICKEN SHAWARMA (MILD) | *SPICY CHICKEN
KABOB
FALAFEL**

CHOICE OF SALAD:

MEDITERRANEAN SALAD | CHICKPEA SALAD

Choice of Spread:

HUMMUS | PERUVIAN YOGURT (DAIRY)

**HUMMUS AND PITA
(WHEAT) | \$4.50**



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Thursday

EW FOODWORKS
THE BEST OF LOCAL

BEATRIX *Market*

Italian| \$15

Thursday, September 3rd

Protein (Choose 1):

**Ricotta Stuffed Shells or
Lemon Caper Chicken**

Sides (Choose 2):

**Italian Butter Beans or
Creamy Polenta or
Oven Roasted Summer Squash**

Optional Add-Ons **\$4.95**

House Salad - 16oz

Caesar Salad - 16oz

Chicken Salad - 8oz



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Thursday

FOODWORKS
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BEATRIX *Market*

Mediterranean | \$15

Thursday, September 10th

Protein (Choose 1):

**Greek Turkey Meatballs or
Beef Stuffed Peppers**

Sides (Choose 2):

**Lemon Roasted Potatoes or
Tahini Cauliflower or
Moroccan Eggplant**

Optional Add-Ons **\$4.95**

House Salad - 16oz

Caesar Salad - 16oz

Chicken Salad - 8oz



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EW FOODWORKS
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COMBOS

Comes with a side of homemade chips or fresh fruit

Italian beef sandwich | \$14.99

Smoked Turkey & Swiss Sandwich | \$12.99

7" Mini Deep-Dish Pizza (4 slices) | \$14.50

Cheese | Sausage | Pepperoni

ENTREE

Rigatoni ala Vodka Entree | \$13



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FOODWORKS
THE BEST OF LOCAL



CHICAGO STYLE FAVORITES

FAMOUS GYROS ON PITA | \$14

Topped with tomato, onions, tzatziki sauce

GRILLED CHICKEN ON PITA | \$10

Topped with lettuce, tomato, tzatziki sauce

ITALIAN BEEF ON FRENCH BREAD | \$12

Topped with hot giardiniera peppers

MAXWELL STREET POLISH - VIENNA BEEF | \$7.00

Polish sausage on a bun with grilled onions, mustard & sport peppers

CHICAGO STYLE HOT DOG - VIENNA BEEF | \$5.00

Hot dog on a bun topped with tomato, onions, pickle, relish, mustard, sport peppers & celery salt

TUNA SALAD ON FRENCH BREAD- | \$10.00

Lettuce, tomatoes, onions

SIDES

SMALL SIDE SALAD WITH DRESSING | \$7.00

Dressings: ranch, French, Italian, tzatziki

GARLIC PITA CHIPS | \$5.00

with Wisconsin cheddar cheese



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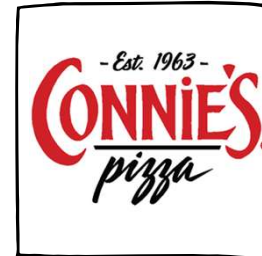
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The Chick \$12

Your choice of chicken salad & side

The Trio \$15

Add another scoop or side to your meal

Just a Scoop \$9

Pick any single scoop of chicken salad

Sides

Broccoli Salad	\$4
Pasta Salad	\$4
Grape Salad	\$4

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Wraps served with toasted warm pita
Wraps & Salads - select choice of Chicken or
(Lamb +\$2)

SPICY FETA DIP | \$5.00

Served with toasted warm pita

HUMMUS DIP (VEGAN) | \$5.00

Served with toasted warm pita

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protein bar & kitchen

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Choice of Spread:

HUMMUS | PERUVIAN YOGURT (DAIRY)

**HUMMUS AND PITA
(WHEAT) | \$4.50**



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Thursday

 **FOODWORKS**
THE BEST OF LOCAL

BEATRIX *Market*

Italian| \$15

Thursday, September 3rd

Protein (Choose 1):

**Ricotta Stuffed Shells or
Lemon Caper Chicken**

Sides (Choose 2):

**Italian Butter Beans or
Creamy Polenta or
Oven Roasted Summer Squash**

Optional Add-Ons **\$4.95**

House Salad - 16oz

Caesar Salad - 16oz

Chicken Salad - 8oz



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Thursday

FOODWORKS
THE BEST OF LOCAL

BEATRIX *Market*

Mediterranean | \$15

Thursday, September 10th

Protein (Choose 1):

**Greek Turkey Meatballs or
Beef Stuffed Peppers**

Sides (Choose 2):

**Lemon Roasted Potatoes or
Tahini Cauliflower or
Moroccan Eggplant**

Optional Add-Ons **\$4.95**

House Salad - 16oz

Caesar Salad - 16oz

Chicken Salad - 8oz



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EW FOODWORKS
THE BEST OF LOCAL



COMBOS

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Smoked Turkey & Swiss Sandwich | \$12.99

7" Mini Deep-Dish Pizza (4 slices) | \$14.50

Cheese | Sausage | Pepperoni

ENTREE

Rigatoni ala Vodka Entree | \$13



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FOODWORKS
THE BEST OF LOCAL



CHICAGO STYLE FAVORITES

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GRILLED CHICKEN ON PITA | \$10

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MAXWELL STREET POLISH - VIENNA BEEF | \$7.00

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Lettuce, tomatoes, onions

SIDES

SMALL SIDE SALAD WITH DRESSING | \$7.00

Dressings: ranch, French, Italian, tzatziki

GARLIC PITA CHIPS | \$5.00

with Wisconsin cheddar cheese



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